



**BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)  
COLLEGE OF NURSING, PUNE**

**NATIONAL SERVICE SCHEME (NSS)**

**REGULAR ACTIVITIES REPORT**

**2022 - 2023**

*V. Lakshmi*

**N.S.S. PROGRAMME OFFICER  
BHARATI VIDYAPEETH  
COLLEGE OF NURSING  
WANKAWADI, PUNE**

*Principals*

**I/C Principal  
Bharati Vidyapeeth (DU)  
College of Nursing, Pune-43**

## **REGULAR ACTIVITIES REPORT 2022-2023**

### **5<sup>TH</sup> JUNE, WORLD ENVIRONMENT DAY :2022**

“First you than me”NSS Moto and with the theme “one earth” for world environment day we the NSS volunteers along with NSS coordinator and NSS programme officers from different colleges of Bharati Vidyapeeth (Deemed to be University) an huge institute gathered together to celebrate the world environment day. The event was arranged for 3 days that is 4<sup>th</sup> to 6<sup>th</sup> June with different activities and 9 different colleges participated in the event. We started with the event by trekking the Sinhgad fort with 75 girls on 5<sup>th</sup> June 2022 as a part of women empowerment. We started the event from Bharati Vidyapeeth Dhankawdi campus and Kothrud campus at 5:30 am in the morning by bus.NSS Volunteers participants in Sinhgad fort (Female 6)

We reached at the sinhgad paytha at 7 am and instructions by NSS coordinator Mr mehtre sir were given to us to start the trek with other NSS programme officers. We started the trek and 7:30am we were distributed in groups along with one NSS programme officer in each of the group. We reached at the fort at 10:00 all 75 girls along with all the NSS programme officers. We were provided with heavy brunch there. After we had our brunch a programme was arranged to felicitate all the NSS volunteers and NSS programme officers by NSS regional director for Maharashtra state. The certificates and medals were given to each of the NSS members .

After the program got over we were dispersed for showing the seed balls which were made by Mr. Singh sir of different categories like tarminid, Indian black berry etc all were indigenous seeds sowed for the occasion of world environment day 2022. At last but not the least the most important thing is this event is recorded in Indian book of records which was an glory for all the 75 of girls and also to the institution. We were glad to be a part of the event

### **21<sup>ST</sup> JUNE, INTERNATIONAL YOGA DAY-2022**

Yoga is a group of physical, mental, and spiritual practices of disciplines which originated in ancient India and aim to control and still the mind recognizing a detached witness-consciousness untouched by the mind and mundane suffering. On the occasion of international yoga day a poster making competition was arranged in Bharati Vidyapeeth (Deemed to be) University College of Nursing Pune-43. The competition was arranged on 20 June 2022 in the conference hall with the theme of yoga day “YOGA FOR HUMANITY”. The evaluator for this competition was Mrs. Archala Khemnir and Mrs. Manisha Gadade. Students participated in the competitions and the winners are announced accordingly.

The winners of Poster Competition

1<sup>st</sup> Prize- Ms. Shruti Sunil Bondre

2<sup>nd</sup> prize- Ms. Sanupriya Sinha

3<sup>rd</sup> Prize - Ms. Aaron Ashish Chavan

On this occasion of international yoga day all the faculty members including teaching and non-teaching staff along with NSS volunteers gathered at conference hall. Mr. Amol Patil (professor for yoga in college of Ayurveda) were the guest on dais and also a trainee for guiding for yoga day. All the members gathered around 9:30 am in the morning and hence the day was celebrated well. Total number of Faculty Participants in yoga day i.e Male Faculty-3, Female faculty 25 and NSS Volunteers 63 participants in International yoga day (Male 25 & female 38).

All the volunteers were following the Mr.Amol sir as he was guiding them to do different yoga asans.All participated equally and co-operated with the trainee well. We all were glad to celebrate such occasions in institute with all together.At the end of the event Dr.Anita ma'am felicitated Mr. Amol sir with coconut and flowers an a token of love from BVCON and NSS unit .Everyone enjoyed the event (all the volunteers)and thanking sir for his contribution on behalf of international yoga day 2022.

#### **4<sup>TH</sup> JULY 2022 ORIENTATION OF NSS VOLUNTEERS**

We, the students of S.Y.Bsc nursing were introduced to NSS through a formal orientation. The orientation was organized and conducted by Mrs. Vaishali Gaikwad ma'am. During the orientation a detailed introduction about NSS and its activities was provided. Information regarding the NSS's motto and importance was provided.NSS Volunteers 63 participants in orientation Programme (Male 25&female 38)

The NSS motto “ Not me but you “ represents the spirit of democratic living and and emphasizes the need for selfless services. It was told that NSS teaches students to appreciate other people's point of view and to be considerate to other human beings. The ideology of NSS is perfectly exemplified in its motto, which emphasizes on the concept that everyone's welfare is reliant on the welfare of the society. The orientation helped us know the importance and significance of NSS in our society. It also made us realize the privilege and responsibility which we shall carry, when we become a part of NSS as NSS Volunteers.

#### **1<sup>ST</sup> – 7<sup>TH</sup> AUGUST, WORLD BREAST FEEDING WEEK:2022**

We, the NSS volunteers of Bharati vidyapeeth college of Nursing had celebrated “World breastfeeding week” from1<sup>st</sup> – 7<sup>Th</sup> of August 2022.

As a part of this event, we had a health talk program at thecommunity area in Chavan nagar. Students had prepared various charts regarding the importance of breastfeeding and how it is beneficial for the infant. NSS Volunteers 40 participants (Male 20 &female 20)

This program involved educating the people regarding protecting , promoting and supporting breastfeeding policies and programmes, especially for the most vulnerable families living in emergency settings. The localities, especially the ANM participated actively in this event and could understand the importance and the benefits received to both mother and the newborn.

#### **1<sup>st</sup> – 15<sup>th</sup> AUGUST 2022, SWACHATA PAKHWADA**

We, the NSS volunteers of Bharati Vidyapeeth college of Nursing, had celebrated “Swachata Pakwada” from 1<sup>st</sup> to 15<sup>th</sup> August 2022.

8<sup>th</sup> August 2022 as a part of this event, we conducted a rally at the community area in Chavan Nagar. Students had prepared charts, flashcards and posters to raise awareness regarding the importance of maintaining environmental and personal hygiene. During this event, the students came together and walked through Chavan Nagar, chanting and holding flashcards, charts and posters made by them. This rally was done to raise awareness regarding cleanliness, hygiene and sanitation amongst the residents and localities of the area NSS Volunteers 40 participants in Swachhta Pakhwada (Male 25&female 15).

63 NSS Volunteers had participated in this event under the guidance of Mrs Vaishali Gaikwad and Nikhil Ingawale. The localities and the residents of Chavan Nagar actively participated in the event and were able to understand the importance and benefits of maintaining environmental hygiene and sanitation.Swachhta should be maintained everyday and inculcated in our day-to-day activities.

## **75<sup>TH</sup> INDEPENDENCE DAY CELEBRATION:2022**

We NSS volunteers had celebrated the 75<sup>th</sup> independence day from 13<sup>th</sup> to 15<sup>th</sup> August. During these days we had different programs held in our college.

On 13<sup>th</sup> of AUGUST we had poster making competition in conference hall of our college. The competition began at 10 am. Students had prepared posters from their homes. The theme for this competition was “**AZADI KA AMRIT MAHOTSAV**”. The evaluator for this competition was Mrs. SUPRIYA RAY and Mrs. KANCHAN SHINDE. Students participated in the competitions and the winners are announced accordingly.

The winners of Poster Competition

1<sup>st</sup> Prize-Ms.Shruti Sunil Bondre and Ms.Chirakshi Veerwani

2<sup>nd</sup> prize-Ankita yesare

3<sup>rd</sup> Prize -Ms.Varsha shirsath

On 14<sup>th</sup> of AUGUST students had decorated the college for 75<sup>th</sup> independence day celebration. They came at 10am for the decorations in the conference hall. Various flower garlands were made by the students. This Amrit Mahotsav on 15<sup>th</sup> August, we all Indian citizens are going to celebrate our 75<sup>th</sup> Independence Day this year. In the joy of completing 75 years of independence of our country and to awaken the feeling of attachment towards the country and to awaken patriotism among the citizens of our country, there was a huge celebration. NSS Volunteers 127 participants (Male 50 & female 77)

On 15<sup>th</sup> of AUGUST the day started with flag hoisting at 7am followed by singing of national anthem and then rally in our college campus .

## **17<sup>TH</sup> AUGUST NATIONAL ANTHEM REPORT:2022**

We NSS volunteers of Bharati Vidyapeeth college of nursing had sung the national anthem of India “*rashtriya geet*” on 17<sup>th</sup> August 2022 as a part of the celebration of 75<sup>th</sup> Independence day. All the schools, colleges, institutions were informed to sing the national anthem at the same time in their respective colleges at 11am. NSS Volunteers 127 participants (Male 50 & female 77). Our college had also participated in this activity and sang the national anthem at 11am to 11:01am. TOTAL of 220 students, 32 teaching faculty and 14 non-teaching of our college faculty took part. We sang the anthem in our classes at exact 11am. This activity had celebrated at a high level and had been a great success all over.

## **6<sup>TH</sup> SEPTEMBER NUTRITIONAL WEEK:2022**

NSS Volunteers of Bharati Vidyapeeth College of Nursing , Pune has conducted the nutritional pledge taking ceremony as well as the nutritional exhibition on behalf of the World Nutritional Week Celebration at Anganwadi School, Chavan Nagar, Pune. The pledge taking ceremony celebrated on 30<sup>th</sup> of August, 2022, timing : 10AM and the nutritional exhibition held on 6<sup>th</sup> of September, 2022, timing : 10AM to 1PM. NSS Volunteers 40 participants (Male 20 & female 20)

In India, the first week of September is celebrated as a National Nutritional Week. The purpose of this week is to raise the awareness among the general public about the value of healthy eating practice and proper nutrition for upholding a healthy lifestyle. The Food and Nutrition Board of the Government of India's Ministry of Women and Child Development organizes an annual week long celebration of National Nutrition Week to inform people about this basic phenomenon. We volunteers of NSS gathered at one place for doing the NSS activity. We provided the nutritional talk to the Anganwadi worker and mother and their children , we

took the height and weight measurement of the children, we also provided the information regarding the importance of balance diet, the disease condition or the disorder that can happen in an individual due to deficiency of any of nutrients in our body. We are glad that we got a nice coordination of Mrs. Kalpana Suresh Bhilare Mam and Mrs. Jyoti Pangare Mam, who was also actively participated and help us lot during the activities.

### **12<sup>TH</sup> SEPTEMBER, WORLD SUICIDE DAY: 2022**

We, the NSS volunteers of Bharati Vidyapeeth College of Nursing, celebrated “WORLD SUICIDE PREVENTION DAY” in the psychology department of Bharati Hospital on 10<sup>th</sup> September 2022. The event took place under the valuable guidance and supervision of Mrs. Vaishali Gaikwad. NSS Volunteers 41 participants (Male 15 & female 26)

World Suicide Prevention DAY (WSPD) is an awareness day observed on 10<sup>th</sup> September every year in order to provide worldwide commitment and action to prevent suicides, with various activities around the world since 2003. In the hospital, all the doctors and patients gathered around to see the event. They all heard us carefully when we spoke about suicide, its causes and ways of preventing it. We, the NSS volunteers believe that every life is precious and protecting it is our duty. The essence of the event was the street play which was conducted by the NSS volunteers. The street play helped the people, patients and doctors to understand the importance of prevention of suicide and what all we can be done prevent it. The event was a great success and we received great acknowledgement from the Head of the Department, doctors, nurses and patients present there. At the end, we thanked the HOD for letting us conduct the event in the ward and thanked the doctors, nurses and patients for their attention and presence.

### **17<sup>TH</sup> SEPTEMBER, REPORT OF HEALTH AND SOCIAL Activity (Distribution of sanitary Pads): 2022**

Department community health Nursing Medical surgical Nursing and NSS unit of Bharati Vidyapeeth College of Nursing conducted an Health a social awareness activity (Distribution of sanitary Pads) in collaboration with Nine Foundation, Gorakhpur, UP for female adolescents and female faculty members at Bharati Vidyapeeth Kanya Prashala And Bharati Vidyapeeth English Medium School, Pune on 17<sup>th</sup> September 2022. The campaign involved raising awareness regarding, menstrual hygiene and distribution of sanitary pads to the students from classes 6 to 10. NSS Volunteers 40 participants (Male 05 & female 35)

The campaign took place on 17<sup>th</sup> September 2022 in Bharati Vidyapeeth Kanya Prashala and Bharati Vidyapeeth secondary and higher secondary school. It started at 8:30am and continued till 11:30am. We were accompanied by Dr Mr. Suresh Ray, Dr Mrs. Veena Sakhardande, Mrs. Vaishali Gaikwad, Mr. Nikhil Ingawale, Mr. Ramesh Bidari and Mr. Deepak Khemar. The campaign took place in collaboration with Nine Foundation. Nine is an Indian sanitary napkin brand. They believe in providing sanitary pads and raise awareness regarding menstrual hygiene to the girls from the age 14 upwards. Their main goal is to provide free pads to underprivileged girls.

To start with, we first went to Bharati Vidyapeeth Kanya Prashala. There we got all the girls from classes 6<sup>th</sup> to 10<sup>th</sup> lined up. We spoke to them about menstruation, menstrual hygiene and its importance. We made them realize that pads are not a blessing for them, in fact it is their basic right. After the talk we distributed nine sanitary pads to each child. They accepted it with a smiling face.

## **SEPTEMBER 2021, NSS WEEK CELEBRATION:-**

### **28 TH SEPTEMBER TO 2ND OCTOBER**

#### **26<sup>TH</sup> SEPTEMBER 2022**-A lecture about the importance of NSS week and Day

In India , every year NSS Day is celebrated on 24<sup>th</sup> of September. The NSS motto "*Not Me But YOU*" represents the spirit of democratic living and emphasizes the need for selfless service. NSS teaches students to appreciate other people's point of view and to be considerate to other human beings. The ideology of NSS is perfectly exemplified in its motto, which emphasizes on the concept that everyone's welfare is highly reliant on the welfare of the Society.

A lecture about the importance of NSS week had been delivered to the students of SY B.SC Nursing students by Mrs. Vaishali Gaikwad .The lecture contained all the information about NSS, the activities that are conducted under this scheme and specifically the aims and objectives of NSS. Also, the functions that are played by each and every volunteer which acts as a vital role in this program. NSS Volunteers 60 participants (Male 22&female 38)

NSS also conducts various centered programs that inculcate voluntary work mainly among students through community interactions .A total of 63 students were present for the lecture who received the information regarding NSS. All of them had an active participation towards the lecture presented.

#### **29<sup>TH</sup> September, 2022:-**World Heart Day

The human heart feels things the eyes cannot see and knows what the mind cannot understand. This is the reason why the heart is the most important organ and needs at most care.

The NSS volunteers of Bharati Vidyapeeth College of Nursing celebrated the World Heart Day on 29<sup>th</sup> september 2022. The event took place under the valuable guidance and supervision of Mrs. Vaishali Gaikwad. World Heart Day is an annual observance and celebration held on September 29 that is intended to increase public awareness of cardiovascular diseases, including their prevention and their global impact. In 1999 the World Heart Federation (WHF), in conjunction with the World Health Organization (WHO), announced the establishment of World Heart Day. NSS Volunteers 35 participants (Male 15&female 20)

The event took place in the community area and in the hospital. The volunteers raised awareness regarding the human heart by preparing attractive charts, posters and flashcards. This helped them explain the importance of maintaining a healthy heart, ways of preventing cardiac diseases and importance of healthy food and exercise. The celebration first took place in Chavan Nagar. The volunteers gathered the residents in a common area and by using charts, posters and flashcards explained the significance of world heart day and the importance of leading a healthy lifestyle to prevent cardiac diseases. They also raised awareness regarding the various cardiovascular diseases and spoke about the tests and treatments for same.

The celebration in Chavan Nagar ended on a positive note with the support and participation extended by the volunteers. Later, the volunteers went to the Bharati Vidyapeeth Medical Foundation Homeopathic Hospital and Research center. In the hospital, using the charts and posters they raised awareness among the patients and their relatives regarding the importance of maintaining

a healthy heart. All the patients, doctors, nurses and hospital staff actively participated in the celebration and appreciated our initiative.

### **NATIONAL PRE- REPUBLIC DAY PARADE STATE LEVEL SELECTION CAMP, KOLHAPUR. (MAHARASHTRA)**

**28<sup>TH</sup> SEP. 2022 TO 30<sup>TH</sup> 2022**

Inauguration Ceremony of State Level Pre Republic Day Parade Camp held on 28<sup>th</sup> Sep. 2022 Our respected Dignitaries who honoured this function with their inspirational thoughts; and provided their gracious presence to join us. Our Respected Dignitaries SHRI ABHAY JAIBHAYE Director, National Service Scheme, Shivaji University, Kolhapur, SHRI. D.CARTHIGUEANE Regional Director.

REPUBLIC DAY PARADE 2022 was organized by regional directorate of NSS KOLHAPUR from 28<sup>th</sup> Sept 2022 to 30<sup>th</sup> Sept 2022 at SHIVAJI UNIVERSITY, KOLHAPUR., Prathamesh Borse represented Bharati Vidyapeeth ( Deemed to be university ) College of Nursing, Pune.

On 28<sup>th</sup> Sept, the inauguration program took place followed by an interview session for the participants. In the evening a cultural program took place which included energetic dances and melodious songs by the participants.

On 29<sup>th</sup> Sept, the day started with yoga and exercise session. Screening was held for all the participants, through screening their height, weight and parade skills were assessed. Screening was followed by parade practice. The participants were given the opportunity to showcase and extracurricular activity they excel in. Prathamesh Borse played the tabla. In the afternoon Educational lectures were conducted on women empowerment and importance of NSS in personality development.

On 30<sup>th</sup> Sept, Validatory session was conducted to appreciate the efforts of all who made this camp successful.

### **12<sup>TH</sup> OCTOBER, WORLD ARTHRITIS DAY**

World Arthritis Day, referred to as WAD, is a global awareness day held every year on 12<sup>th</sup> October. WAD aims to help spread awareness among all audience across the world about the existence and impact of rheumatic and musculoskeletal disease, often referred to as RMDs. WAD was initially established by Arthritis and Rheumatism International (ARI) in 1996.

We, the NSS volunteers of Bharati Vidyapeeth College of Nursing, celebrated the World Arthritis Day on 12<sup>th</sup> October 2022. It was celebrated in Chavan Nagar under the guidance and supervision of Mrs. Vaishali Gaikwad ma'am. Students had prepared charts, flashcards and posters to raise awareness regarding the existence of arthritis and its impact on each one's life. NSS Volunteers 35 participants (Male 15 & female 20)

During the event, the students visited the geriatric residents of Chavan Nagar as they are more prone to be affected by arthritis. With the help of charts and flashcards we explained to them the importance of having a calcium rich diet and the importance of exercise. We also told them about the various exercises which residents with arthritis can perform to reduce their pain and joint stiffness.

At the end, we thanked the residents for their active participation and attention, thus making this event a grand success.

## **19<sup>TH</sup> OCTOBER,MEGA CLEANLNESS DRIVE TO COLLECT PLASTIC WASTE-2022**

The NSS volunteers of Bharati Vidyapeeth College of Nursing believe in being a part of the solution not a part of the pollution. This is the reason why we conducted a plastic waste collection drive in our college under the guidance and supervision of Mrs.Vaishali Gaikwad. NSS Volunteers 38 participants (Male25 &female 13)

This was an initiative to clear all the plastic wastefrom our college premises and spread awareness regarding plastic pollution. The drive took place on the premises of Bharati Vidyapeeth College of Nursing from 2:00pm to 4:00pm. All the students participated actively during the drive. They gathered all kinds of plastic waste like polyethylene bags, plastic bottles, cans and wrappers. By the end of the drive the students had successfully collected 20 kgs of plastic waste.All the waste was carefully collected and transferred to the nearby waste recycling centre to make sure the plastic waste is reused.We were successful in collecting all the plastic waste, discouraging the use of plastic among the students and spread awareness regarding the harmfulimpact of plastic on the environment

## **31<sup>ST</sup> OCTOBER 2022, NATIONAL UNITY DAY**

National Unity Day or Rashtriya Ekta Diwas is celebratedon 31th October. This is observed with patriotic events to markthe birth anniversary of Sardar Vallabhbhai Patel the man who played an important role in the unification of India.NSS Volunteers 65 participants in orientation Programme (Male 25&female 40) On the occasion of National Unity Day we, the NSS volunteers along with the teaching faculty of Bharati Vidyapeeth College of Nursing took the National Unity pledge under the guidance of Mrs. Vaishali Gaikwad along with 65 students. We promised to dedicate ourselves to preserve the unity, integrity and security of the nation

## **14<sup>th</sup> NOVEMBER,2022 WORLD DIABETES DAY**

World Diabetes Day is a global occasion on which people with Diabetes, health professionals, diabetes advocates, media, general public and government organizations unite to raise awareness about diabetes. The NSS volunteers of Bharati Vidyapeeth College of Nursing visited Chavan Nagar to celebrate World Diabetes Day under the guidance of Mrs Vaishali Gaikwad. The volunteers made charts, posters and flashcards to raise awareness regarding diabetes. NSS Volunteers 39 participants (Male 19&female20).

They approached the residents who are suffering or are prone to the disease and explained to them about the causes, symptoms, treatment and the side effects caused due to the long term use of diabetic medication. We explained about the importance of exercise and ways of preventing diabetes. At the end, we thanked the residents for their support, corporation and active participation, Thus making the event a grand success.

## **24<sup>TH</sup> NOVEMBER 2022, BLOOD DONATION CAMP**

Blood donation camp was organized by NSS Unit Bharati Vidyapeeth College of Nursing Pune on Friday that is 24th November 2022. The activity was based on the celebration of Azadi ka amrut mohotsav-India@75 under which we organized Blood Donation Camp. The inauguration was done by respected Dr.Suresh ray sir(professor & HOD) and Dr.R.SMalli sir (professor). Time was allotted for each batch of students for blood donation.30 NSS Volunteers helped to Blood Donation Camp.100 Volunteers(Male-40,Female-60 and faculty and Non-teaching



staff participated in the blood Donation Camp 100 had registered for the blood donation out of which 57 were eligible for the blood donation.

## **26<sup>TH</sup> NOVEMBER NATIONAL CONSTITUTION DAY 2022**

Constitution day also known as 'Samvidhan Diwas' is celebrated in India on 26<sup>th</sup> November every year to commemorate the adoption of the constitution of India. On 26<sup>th</sup> November 1949, the constituent assembly of India adopted the constitution of India and it came into effect on 26<sup>th</sup> January, 1950. 26<sup>th</sup> November was chosen to spread the importance of the constitution and to spread thoughts and ideas of Dr. Ambedkar. NSS Volunteers 127 participants (Male 50 & female 77) On the occasion of 'Constitution Day' we the NSS volunteers along with the teaching faculty and non-teaching staff of Bharati Vidyapeeth College of Nursing, read the preamble of India. Total 127 NSS students participated, Male 50 & female 77, Teaching faculty 35 and Non teaching staff 4 in reading the preamble.

## **1<sup>ST</sup> DECEMBER 2022, WORLD AIDS DAY CELEBRATION**

The NSS volunteers of Bharati Vidyapeeth (Deemed to be University) College of Nursing, Pune, visited the National AIDS Research Institute on World AIDS Day (1<sup>st</sup> December, 2022). It is an institute devoted exclusively to HIV/AIDS research and treatment. ICMR-NARI is located at Bhosari, Pune.

HIV infection was detected in India for the first time in 1986. In the early nineties it became evident that HIV was spreading widely in the country and the national efforts for its containment required multi-disciplinary research involving virology, immunology, microbiology, clinical research, epidemiology, field based trials and socio behavioural investigations.

NSS Volunteers 63 participants (Male 25 & female 38) along with Mrs. Shaily Bikai Ma'am, Mrs. Vaishali Gaikwad Ma'am, Dr. Mrs. Veena Sakhardande Ma'am and Dr. Mrs. Supriya Pottal Ray Ma'am visited the institute. The visit began at 10am. The staff members of NARI guided us throughout the visit and gave us information about various techniques and machines used in NARI. The students were guided through the museum, biochemistry lab, molecular biology lab and testing labs. Abundant information was provided regarding the detection of the disease and various types of HIV virus.

A Panel discussion was held for the students and other visitors. The Panel discussion was lead by the director of NARI: Dr. Sheela Godbole. The discussion was mainly about HIV virus, methods of transmission of AIDS, treatment and the various ways of preventing it. On a positive note the visit ended by 1:00pm. The visit was very informative and helped us understand the impact of AIDS on our community. It also helped us understand about the structure of HIV virus, its transmission, progress of the disease, treatment and the various ways of preventing and spreading social awareness about AIDS.

## **10<sup>TH</sup> DECEMBER 2022, CLEANLINESS DRIVE**

The main concept behind the drive is to create awareness towards cleanliness inside the college campus. Cleanliness drive was conducted in collaboration with the NSS unit of Bharati Vidyapeeth College of Nursing, Pune on 10<sup>TH</sup> December, 2022 at 10am. The drive was initiated at a mega level for the cleanliness event. Students were allotted a open ground to clean within the campus area.

Total of 65 students participated in this drive under the guidance of Mr. Nikhil and NSS university coordinator Dr. Mhetre sir guided all of the Volunteers who participated in this event.

NSS Volunteers 65 participants (Male 25&female 40) This cleanliness drive was a great inspiration for all the students and indeed was a grand success for all the people present there.

### **18<sup>TH</sup> JANUARY, 2023 ONE DAY TRAINING WORKSHOP ON HEALTH (ANEMIA) FOR NSS PROGRAMME OFFICERS**

Anemia is a condition in which the number of red blood cells or haemoglobin concentration within them is lower than normal. Anemia is a serious global public health problem that particularly affects young children and pregnant women. WHO estimates that 42% of children less than 5 years of age and 40% of pregnant women worldwide are anaemic.

To spread knowledge and awareness regarding Anemia, National Service Scheme (NSS) Higher and Technical Education department, Government of Maharashtra organized a one day training program on health (Anemia) for NSS program officers of Maharashtra in collaboration with UNICEF, Maharashtra.

The program took place on 18<sup>th</sup> January,2023, in Gokhale Institute of Politics and Economics, Pune. It was specially conducted for NSS Program Officers of Maharashtra. The inauguration function of the program took place at 10:00am. The dignitaries involved were:

Dr.Karthikeyan (Regional Director NSS, NSS Regional Directorate, Pune), Dr. Prashantkumar Wanaje (State Liasison Officer, NSS, Maharashtra), Shri. Tanaji Patil (State Consultant, Youth Engagement, UNICEF Maharashtra), Shri. Mangesh Khairnar (Account Officer, NSS Mantralaya), Prof. Jayanti Kajale (Dean Students Affairs and Student Welfare, Gokhale Institute of Politics and Economics), Prof. Anjali Radkar (Dean Academics, Gokhale Institute of Politics and Economics), and Prof. Kailas Bavale (Coordinator – Dhananjayrao Gadgil Sustainable Village Development Centre, GIPE).

The program was a day filled with informative and interactive lectures and discussions regarding Anemia. There were various question answer sessions and activities arranged. Prof. Avinash Mhetre (NSS Programme Co-ordinator BVDU) conducted a very informative and interactive lecture on Anemia. The topics covered in the program were:

- Prevalence and risk factors of Anemia among the adolescents. By Dr. Deepak Pawar (State consultant, Health and Family Welfare, Government of Maharsashtra)
- Role of Youth combating Anemia and use of social media. By Shri. Tanaji Patil (State Consultant, Youth Engagement, UNICEF Maharashtra)

The vote of thanks marked the end of the program. All the dignitaries and NSS officers were thanked for their time and active participation, thus making this program a grand success.

### **4<sup>TH</sup> February, 2023, WORLD CANCER DAY**

**World Cancer Day** is an international day marked on 4 February to raise awareness of cancer and to encourage its prevention, detection, and treatment. World Cancer Day is led by the Union for International Cancer Control (UICC) to support the goals of the World Cancer Declaration, written in 2008. The primary goal of World Cancer Day is to significantly reduce illness and death caused by cancer and is an opportunity to rally the international community to end the injustice of preventable suffering from cancer. The day is observed by the United Nations.

World Cancer Day targets misinformation, raises awareness, and reduces stigma. Multiple initiatives are run on World Cancer Day to show support for those affected by cancer. On the occasion of World Cancer Day the NSS volunteers of Bharati Vidyapeeth College of Nursing, Pune had organized a cancer awareness program in Chavan Nagar. The theme of World Cancer Day 2023 is **“Close the care Gap”**. The theme is about understanding the inequities in cancer care and taking actions to make necessary progress to address them. The program was conducted from 10:00am to 11:30am. The beneficiaries of the program were the residents of Chavan Nagar. NSS Volunteers 63 participants (Male 25 & female 38)

The volunteers had prepared attractive charts and posters to help raise awareness about cancer. The residents were given information about cancer, its causes, symptoms, prevention and treatment. The main aim of the cancer awareness program was to reduce misconceptions related to cancer and the prejudices associated with it among the people and getting the right information about it. The program ended on a positive note. We thanked the residents for their active participation and for making this initiative a grand success.

### **9<sup>TH</sup> February, 2023 PARTICIPATED IN “JAAGRUK PALAK SUDHRUDH BALAK ABHIYAN”**

NSS volunteers of Bharati Vidyapeeth college of Nursing, volunteered in the Jaagruk Palak Sudhrudh Balak Abhiyan. It was conducted by the Public Health Department, Government of India. It was organized in Shri Shivaji Vidyalay and Junior College, Nasarapur. The event started with an inauguration function during which the importance and plan for the event was explained. All the doctors, nurses and other health care professionals were welcomed and thanked for their support.

Health check up was conducted for all the students from classes 4<sup>th</sup> to 12<sup>th</sup>. They were screened for all kinds of health problems. The NSS volunteers helped in recording the personal details of the children, their height and weight. They also helped in maintaining discipline in the school during the health check-up. After recording the height and weight, children were sent to the doctors. The doctors conducted physical examination for each child to detect the presence of any disease or ailment. Children who were suffering from any disease were referred to the Primary Health Centre of Nasarapur for further treatment. Health education was given to all children regarding health, exercise, personal hygiene and nutrition. NSS Volunteers 63 participants (Male 25 & female 38). By the end, health check up for nearly 500 – 600 students was successfully done. The whole event took place in a systematic and organized manner. This initiative by the government taught us a lot regarding serving and organizing health camps in the community areas.

### **14<sup>TH</sup> March, 2023 POSHAN PAKHWADA**

NSS Volunteers of Bharati Vidyapeeth college of Nursing, had celebrated “Poshan Pakhwada” on 14<sup>th</sup> March, 2023 from 9:00am to 10:00am. As a part of this event, we conducted a rally at the community area in Chavan Nagar. Students had prepared slogan boards and flashcards to raise awareness regarding the importance of nutrition in each one's life.

During this event, the students came together and walked through Chavan Nagar, chanting various slogans related to nutrition. This rally was an initiative in response to the pressing concern of malnutrition. It also helped in expressing the importance of nutrition for each age group.

65 Volunteers had participated in this event under the guidance of Mrs Vaishali Gaikwad. The localites and the residents of Chavan Nagar actively participated in the event and

were able to understand the importance and benefits of nutrition and healthy food. NSS Volunteers 65 participants (Male 25 & female 40)

## **CAPTION PHOTOGRAPHS OF REGULAR ACTIVITIES**

**2022-2023**

### **5<sup>TH</sup> JUNE, WORLD ENVIRONMENT DAY :2022**

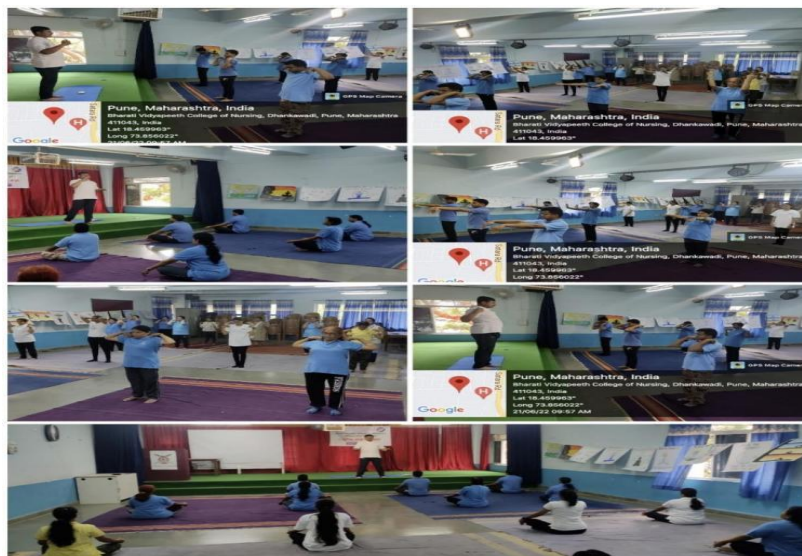
**CAPTION PHOTOGRAPHS OF WORLD ENVIRONMENT DAY CELEBRATION  
DURING TREKKING TO THE SINHAGAD FORT, SOW THE SEED BALLS AND  
DISTRIBUTION OF MEDALS AND CERTIFICATES**





## 21<sup>ST</sup> JUNE 2022- INTERNATIONAL YOGA DAY

### CAPTION PHOTOGRAPHS OF CELEBRATED INTERNATIONAL YOGA DAY



### CAPTION PHOTOGRAPHS OF ON THE OCCASION OF INTERNATIONAL YOGA DAY A POSTER MAKING COMPETITION



## 4<sup>TH</sup> JULY 2022, ORIENTATION OF NSS VOLUNTEERS

**CAPTION PHOTOGRAPHS OF DURING ORIENTATION GIVEN TO NSS VOLUNTEERS**



## 1<sup>ST</sup> – 7<sup>TH</sup> AUGUST, WORLD BREASTFEEDING WEEK:2022

**CAPTION PHOTOGRAPHS OF BREASTFEEDING WEEK CELEBRATION  
AT CHAVAN NAGAR**





# 1<sup>st</sup> – 15<sup>th</sup> AUGUST 2022, SWACHATA PAKHWADA

## CAPTION PHOTOGRAPH DURING RALLY ON CLEANLINES



## **75<sup>TH</sup> INDEPENDENCE DAY CELEBRATION:2022**

### **CAPTION PHOTOGRAPHS OF POSTER MAKING COMPETITION**



### **CAPTION PHOTOGRAPHS OF NSS VOLUNTEERS DOING DECORATIONS**



### **CAPTION PHOTOGRAPH OF FLAG HOISTING AND NATIONAL ANTHEM**





## CAPTION PHOTOGRAPHS OF NSS VOLUNTEERS DURING RALLY



## 17<sup>TH</sup> AUGUST NATIONAL ANTHEM REPORT:2022

## **CAPTION PHOTOGRAPHS OF SINGING NATIONAL ANTHEM**



## **6<sup>TH</sup> SEPTEMBER NUTRITIONAL WEEK:2022**

### ***CAPTION PHOTOGRAPHS OF NSS VOLUNTEERS WHILE THE PLEDGE***



### ***CAPTION PHOTOGRAPH OF NSS VOLUNTEERS DURING CAPTION PHOTOGRAPH OF NSS VOLUNTEERS DURING EXHIBITION***





## 12<sup>TH</sup> SEPTEMBER, WORLD SUICIDE PREVENTION DAY

### CAPTION PHOTOGRAPHS DURING STREET PLAY



## 17<sup>TH</sup> SEPTEMBER, REPORT OF HEALTH AND SOCIAL ACTIVITY(DISTRIBUTION OF SANITARY PADS)

### CAPTION PHOTOGRAPHS DURING DISTRIBUTION OF SANITARY PADS



## **28 TH SEPTEMBER TO 2ND OCTOBER NSS WEEK CELEBRATION**

26<sup>TH</sup> SEPTEMBER 2022- Importance of NSS DAY NSS week

**CAPTION PHOTOGRAPHS NSS WEEK CELEBRATION: - PHOTOGRAPHS OF LECTURE ON IMPORTANCE OF NSS WEEK CELEBRATION**





**29<sup>TH</sup> September, 2022 WORLD HEART DAY**

**CAPTION PHOTOGRAPHS OF CELEBRATED WORLD HEART DAY**



**NATIONAL PRE- REPUBLIC DAY PARADE STATE LEVEL SELECTION  
CAMP, KOLHAPUR. (MAHARASHTRA)**

**28<sup>TH</sup> SEP. 2022 TO 30<sup>TH</sup> 2022**



## 19<sup>TH</sup> OCTOBER, MEGA CLEANLINESS DRIVE TO COLLECT PLASTIC WASTE-2022

### CAPTION PHOTOGRAPHS DURING THE PLASTIC WASTE-COLLECTION DRIVE





## 12<sup>TH</sup> OCTOBER, WORLD ARTHRITIS DAY

### CAPTION PHOTOGRAPH OF CELEBRATED WORLD ARTHRITIS DAY



## 31<sup>ST</sup> OCTOBER 2022, NATIONAL UNITY DAY

### CAPTION PHOTOGRAPHS DURING ON THE OCCASION OF NATIONAL UNITY DAY





## 14<sup>th</sup> NOVEMBER, 2022 WORLD DIABETES DAY

### CAPTION PHOTOGRAPHS OF NSS VOLUNTEERS DURING HEALTH EXIBITION



## 24<sup>TH</sup> NOVEMBER 2022, BLOOD DONATION CAMP

### CAPTION PHOTOGRAPHS DURING INAUGURATION





***CAPTION PHOTOGRAPH OF REGISTRATION, CHECK THE BLOOD PRESSURE, HEMOGLOBIN LEVEL AND WEIGHT FOR BLOOD DONATION***



**26<sup>TH</sup> NOVEMBER NATIONAL CONSTITUTION DAY 2022**

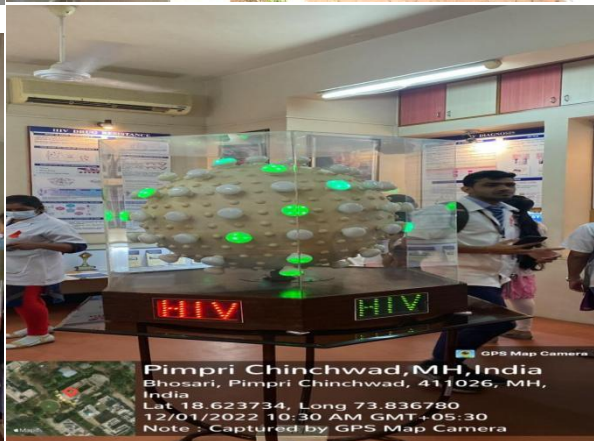
**CAPTION PHOTOGRAPHS OF CELEBRATED NATIONAL CONSTITUTION DAY**





## 1<sup>ST</sup> DECEMBER 2022, WORLD HIV DAY CELEBRATION

**CAPTION PHOTOGRAPHS OF NSS VOLUNTEERS DURING AIDS DAY VISIT AT NATIONAL AIDS RESEARCH INSTITUTE(NARI),BHOSARI**



## 10<sup>TH</sup> DECEMBER 2022, CLEANLINESS DRIVE

**CAPTION PHOTOGRAPHS DURING CLEANLINESS IN CAMPUS**







## **18<sup>TH</sup> JANUARY, 2023 ONE DAY TRAINING WORKSHOP ON HEALTH (ANEMIA) FOR NSS PROGRAMME OFFICERS**

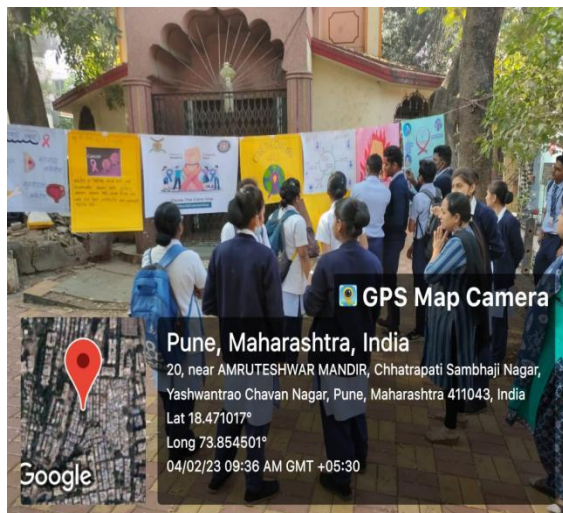
### **CAPTION PHOTOGRAPHS DURING WORKSHOP**





## 4<sup>TH</sup> February, 2023, WORLD CANCER DAY

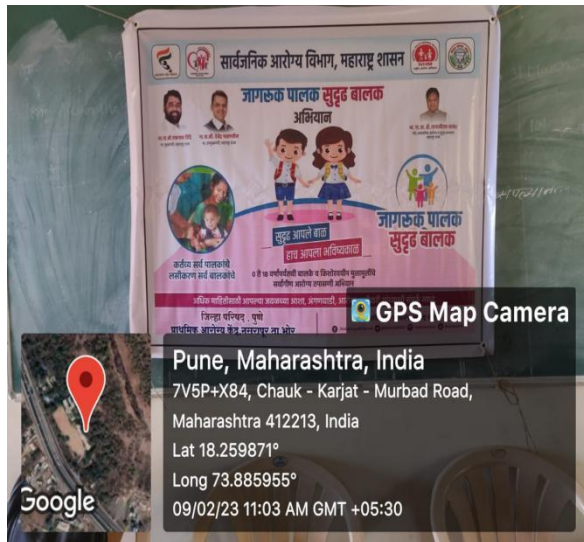
### CAPTION PHOTOGRAPHS OF NSS VOLUNTEERS DURING HEALTH EXHIBITION



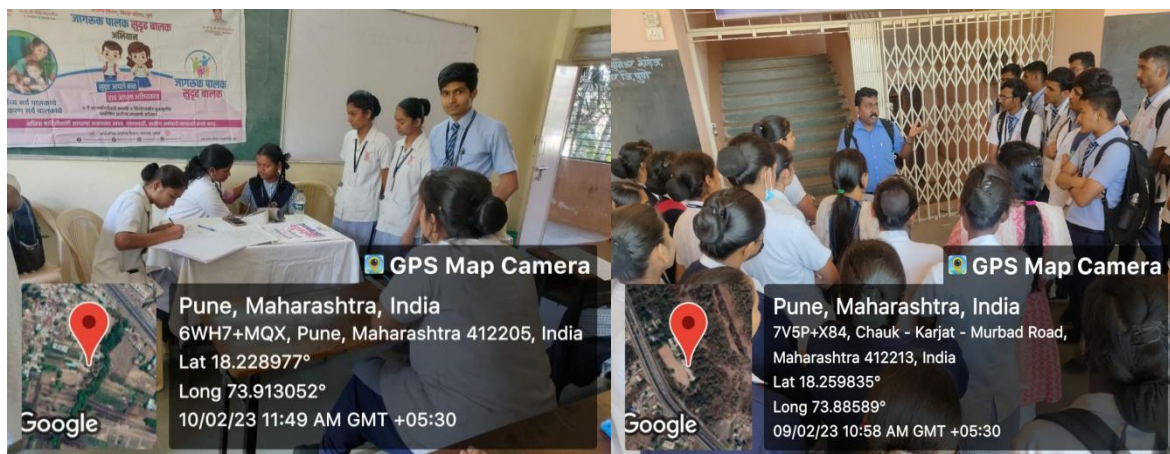


## 9<sup>TH</sup> February, 2023 PARTICIPATED IN “JAAGRUK PALAK SUDHRUDH BALAK ABHIYAN”

**CAPTION PHOTOGRAPH OF PARTICIPATED IN DURING JAAGRUK PALAK SUDHRUDH BALAK ABHIYAN**







## 14<sup>TH</sup> March, 2023 POSHAN PAKHWADA

### **CAPTION PHOTOGRAPH OF CELEBRATED POSHAN PAKHWADA BY ORGANIZING RALLY**



